

real
couples



becca & doug SEPTEMBER 16, LUTSEN

INGREDIENTS
Photography by
Stephany Wieland/
EyeSpy Photography
at the Summit Ski
Chalet and Papa
Charlie's; flowers by
Chris and Bonnie
Longnecker in Lakeland

While out one evening with friends, Becca Carlberg (now 30 and a chiropractor) recognized Doug Jackson (now 33 and a mutual fund wholesaler) from her gym. She already knew she liked his physique: “He was the guy who never missed a workout,” she says. And after a few minutes of conversation, she realized he was her type personality-wise too—his sharp sense of humor kept Becca laughing. After a month of getting to know each other, they had a dinner date, and the rest is history. Two years later, after opening birthday presents, Doug asked Becca what had been her favorite gift ever. She told him it was her Schwinn 10-speed bike. “He responded that having me become part of his life was the greatest blessing and gift in his life; then he asked me to become his wife,” Becca says. “I, of course, was thrilled!” —A.W.